



## **Consultation & Education**

Dr. Ochester is available for consultation to professionals and organizations and local educational speaking engagements on a variety of mental health topics such as:

Stress Management  
Conflict Resolution  
Effective Communication  
Healthy Relationships  
Personality Styles  
Test Anxiety

If you are interested in consulting with Dr. Ochester or having her present to your group, please call 913-317-5566 to discuss your needs.